

TEAMUP AT SCHOOL

External evaluation July 2020

Approach and target group

7 newcomer schools



9 classes



121 children



50 children
5 languages

English
Dutch
Arabic
Spanish
Turkish

through creative group discussions

9 teachers



via interview

12 school directors



via survey

7 sessions



via observation

CONCLUSION 1

CONCLUSION 2



TeamUp is well implemented

- ✓ Teachers meet the TeamUp practice standards
- ✓ Children experience a sense of **safety** - which forms the basis for **successful implementation**
- ✓ TeamUp provides an **opportunity to identify children potentially in need of additional support**



TeamUp helps to improve psychosocial wellbeing



according to children

1. Playing and having fun together
2. Making new social connections
3. Seeing teachers in a different role
4. Enjoying movement activities and feeling energised



according to teachers

1. Having fun and releasing tension
2. Making new social connections
3. Regulating emotions

RECOMMENDATIONS

1. Involve children in the programme and evaluation of each session.
2. Support teachers in their changing role from teacher to TeamUp facilitator. Provide practical suggestions on how to support children in regulating their emotions within the TeamUp setting.
3. Explore with schools how TeamUp can be further implemented.
4. Set up a core team of experienced schools to work together to ensure quality and continuity of implementation.